

Everybody Sucks Dick

A Universal Guide to Hypocrisy, Hustle, and the Human Condition

MARIE SESHAT LANDRY WITH CHATGPT
MARIE LANDRY'S SPY SHOP
WWW.MARIELANDRYCEO.COM

Edited and Typeset by Marie Seshat Landry and Google AI Studio

June 9, 2025

Introduction: The Great Equalizer

"In the end, everyone bows to something. Some do it standing up. Others get on their knees."

— Probably Nietzsche, or your ex.

Let's get one thing out of the way: this book is not about sex. Well—okay, it sort of is. But not the kind you find on page 37 of a romance novel or in incognito browser tabs. This book is about power, performance, flattery, and the absurd ways humans survive in systems built on bootlicking, butt-kissing, and yes—dick-sucking. Metaphorically speaking (except when it's not).

Whether you're a broke barista sweet-talking a Karen for tips, a CEO schmoozing investors with pie charts, or an influencer selling teeth whiteners in the name of "self-love," you've probably sucked a metaphorical dick or two this week. No shame. Welcome to the human condition.

In this book, we'll explore how everybody sucks dick. Not because they're weak, but because they're playing a game they didn't invent—just trying to win without losing their soul. We'll drag politicians, influencers, corporate zombies, spiritual grifters, and, yes, you too, dear reader. But we'll do it with humor, love, and uncomfortable honesty.

Because once you realize we're all pretending, hustling, flattering, and submitting to survive—you can finally laugh at it, opt out of the worst parts, and maybe, just maybe, learn to suck less.

Contents

Introduction: The Great Equalizer	3
1 Dicks in High Places	7
2 Office Oral: Climbing the Ladder, One Lick at a Time	9
3 Influencers, Grifters, and Clout Goblins	11
4 Love, Sex, and Sucking Up	15
5 The Church of Submission: Faith-Based Dick Sucking	19
6 Capitalism: The Final Boss of Blowjobs	23
7 Family Ties and Guilt Trips: When Love Feels Like a Full-Time Job	27
8 Online Dick-Sucking: How to Worship Algorithms and Influencers Without Losing Your Soul	31
9 Politics: The Art of Mutual Ass-Kissing	35
10 Love and Relationships: The Ultimate Suck Fest	39
11 Work: The Professional Dick-Sucking Olympics	41
12 Family: The Blood-Relative Dick-Sucking Drama	45
13 Friendship: The Mutual Suck Zone	47
14 Social Media: The Infinite Suck Machine	49
15 Self: The Most Reluctant Dick-Sucker of All	51

Conclusion: Everyone Sucks, So Let's Do It Better Together	53
About the Author	55
A Dick-Sucking Survival Kit	57
Appendix A: Dick-Sucking Survival Kit	57
B Quiz Results Explained	59
Appendix B: Quiz Results Explained	59

1 Dicks in High Places

“Power is not just who gets to speak—it’s who gets to be sucked off while speaking.”

— The Founding Fathers (probably)

From golden elevators to private jets named “Tax Loophole One,” the elite are masters of getting their dicks sucked—figuratively, publicly, and occasionally in NDAs. They don’t just ask for respect; they expect worship. The wealthy and powerful orbit in a universe where flattery is currency, and everybody around them is on their knees, competing for proximity.

But make no mistake: these high-status individuals are also suckers. They grovel before donors, hedge funders, PR advisors, and billion-dollar lobbies. The president sucks Wall Street’s dick. Wall Street sucks the Fed’s dick. The Fed sucks the ghost of Reagan’s dick. It’s a suction-powered cycle of influence and obedience with no gag reflex in sight.

The Trickle-down Blowjob Theory

You may have heard of “trickle-down economics.” But the real force behind policy isn’t money—it’s ego management. Billionaires fund think tanks that write studies telling them how right they are. Politicians echo those studies in speeches. And media outlets suck up to them both for exclusive interviews and ad revenue.

The blowjob doesn’t trickle down—it’s passed around like a hot potato at a VIP afterparty in Davos.

How To Get Your Dick Sucked (Without Having One)

Want to get people to suck up to you? Easy. Do one or more of the following:

- Acquire a fake PhD and use the title “Doctor” unironically.

- Start sentences with “As a thought leader...”
- Post on LinkedIn about “synergy,” “grit,” and “your morning routine.”
- Say “We’re disrupting the industry” even if you’re just selling deodorant.

Bonus: wear a Patagonia vest and appear on a podcast called *Alpha Ethics*.

Profiles in Suckery: Who’s Who at the Top

The Billionaire Messiah: Thinks taxes are tyranny and “giving back” means donating a space penis to a museum.

The Startup God: Raised \$100 million to gamify intermittent fasting. Employees are 19 and terrified.

The Social Justice VC: Invests in “inclusive” crypto tokens while dodging labor laws in five countries.

The Political Peacock: Every speech is a performance; every position a poll-tested tongue bath.

Final Thought: Stop Looking Up

You don’t need to idolize people just because they have titles, jets, or buildings named after them. Chances are, someone got on their knees to make that happen. And maybe you have too. But now that you see the game, you don’t have to play it the same way.

You can stand up—even while everyone else is still busy swallowing.

2 Office Oral: Climbing the Ladder, One Lick at a Time

"Teamwork makes the dream work... and also makes you kiss your manager's ass on Slack at 3am."

— Corporate Proverbs, Volume IV

The workplace is less of a meritocracy and more of a game of musical blowjobs—where success depends on who you flatter, who you fear, and who you pretend to like during mandatory “team-building” luncheons.

Forget your resume. Forget your work ethic. If you know how to suck up to the right VP while maintaining plausible deniability, you’re halfway to the corner office already.

The “HR Blowjob”

Let’s define a new term:

HR Blowjob (noun): *The act of enthusiastically pretending to care about corporate values while suppressing your will to live.*

Examples:

- Writing “I love our culture!” under a post about budget cuts.
- Applauding a re-org that eliminated your entire department.
- Laughing at your boss’s “we’re a family” speech... for the third time this quarter.

Sucking Dick, One Email at a Time

Let’s decode common corporate phrases:

”Let’s circle back.” I’m ignoring you forever.

”Great synergy!” You kissed the right ass.

”Taking this offline.” Prepare for a private flogging.

”Appreciate your flexibility.” You’re being screwed but thanks for smiling.

And of course, the ultimate silent dick-suck: CC’ing your boss on an email that didn’t need them. Ritual humiliation dressed as professionalism.

LinkedIn: A Public Orgy of Mutual Oral

LinkedIn is the virtual fellatio arena. It’s where professionals publicly suck each other off for attention, validation, and algorithmic reach.

- “Thrilled to announce I’ve accepted a role at BuzzSynergy AI!” = I was unemployed for months and begged for this job.
- “Grateful for the opportunity to grow!” = They’re paying me in exposure and vibes.
- “Humbled to be recognized” = I nominated myself for this award.

When to Spit It Out

Not all dicks are worth sucking. Here are signs you should stand up and walk out:

- You’re writing 14-paragraph emails explaining decisions no one above you reads.
- You say “yes” to every request, and now you manage five teams “unofficially.”
- You can’t remember the last time you said “no” without apologizing.

Remember: flattery gets you in the door. Boundaries get you out alive.

Final Thought: Your Worth Isn’t in Your Willingness to Swallow

A career built on constant submission is one twitchy re-org away from collapse. Be polite, be strategic, but keep your dignity. Suck strategically—or not at all.

3 Influencers, Grifters, and Clout Goblins

"If you can't make it, fake it—and monetize the aesthetic of making it while faking it."

— Ancient Instagram Proverb

Welcome to the Internet's favorite orgy of self-promotion, where narcissism is a business model and vulnerability is a click funnel. This is the land of the Influencer—where every smoothie bowl is a spiritual event, every photo a brand partnership, and every trauma story a sales funnel in disguise.

Meet the Clout Goblins

Clout goblins are modern-day alchemists. They turn insecurity into engagement, thirst into influence, and lifestyle porn into digital dominance. They will suck any metaphorical dick necessary—as long as it leads to a swipe-up link.

Types include:

The Fitness Hustler: Posts 700 shirtless mirror selfies a week. Always “grinding,” never addressing their MLM supplement scam.

The Trauma Influencer: Weaponizes their childhood for content. “Here’s a selfie of me crying. Link in bio to donate.”

The Soft-Girl Grifter: Speaks in pastel fonts. Sells \$599 “healing circles” with no refund policy.

Crypto Shaman: Combines fake spirituality with fake finance. One rugpull away from a Netflix docuseries.

How to Suck Dick Online (and Get Paid for It)

- Post “authentic” moments that are clearly staged by a ring light and three interns.
- Thank your “community” for “supporting your journey” after you drop a paid ad for detox tea.
- Use the phrase “just being vulnerable” right before trying to sell a webinar.

Social media is less about connection and more about the illusion of intimacy. You’re not selling yourself; you’re selling access to a fantasy version of yourself. And the price? Your dignity, or at least a few hours of daily thirst trapping.

The Parasocial BJ

In the influencer economy, the followers suck dick too. They pour attention, time, and ad revenue into people they’ve never met, cheering on fabricated growth arcs as if they’re part of the story.

Every “you got this queen” comment is another coin in the clout jar. Meanwhile, the influencer has never heard your name—and probably has a social media manager named Taylor replying to you.

The Grift Is Global

Clout goblins aren’t just in your feed—they’re on TED stages, self-publishing on Amazon, and launching \$5K “coaching programs” titled things like *Manifesting Your Magnetic Vibration While Monetizing Mindfully™*.

They take:

- Your money.
- Your attention.
- Your belief in humanity.

Final Thought: Influence Isn't Integrity

Fame isn't proof of depth. Followers aren't proof of wisdom. The real flex is not needing external validation to exist.

If someone's entire platform is built on pretending to care while selling you something—you're not a fan, you're the product.

4 Love, Sex, and Sucking Up

"All's fair in love, war, and emotionally codependent blowjob exchanges."

— Your ex, probably while texting three people

Let's talk about intimacy—the battlefield where ego, hormones, and people-pleasing collide. Here, the dick-sucking isn't always metaphorical, but it's often metaphorical **too**. Welcome to relationships: the original platform for transactional validation and emotional acrobatics.

Romantic Dick-Sucking: An Illustrated Guide (Without Pictures)

Sucking up in relationships is as old as patriarchy itself. Some examples:

- Saying "I love you" to avoid a fight.
- Laughing at their jokes even when you're dying inside.
- Pretending to like their weird podcast about medieval sword history.
- Going to their cousin's baby shower with a smile... on your period.

Sometimes, love means compromise. Other times, it means becoming a full-time emotional intern for someone who still hasn't gone to therapy.

Sexual Politics: The Original Power Game

Sex isn't just about pleasure. It's often about power, approval, and unspoken contracts. How many people have had sex they didn't want to have... just to keep the peace? Or to feel wanted? Or because saying "no" felt like a betrayal of expectations?

Newsflash: That's not connection. That's a performance.

And performances often come with an unspoken script: “Make them happy, so they won’t leave.”

Emotional Labor Is a Blowjob in Disguise

Ever:

- Texted them first even though they always forget your birthday?
- Remembered their coffee order but not your own boundaries?
- Coached them through basic empathy like a TED Talk they didn’t pay for?

Congrats, you’ve been emotionally down on your knees. And they didn’t even say thank you.

How to Suck Less in Love

Rule 1: Stop mistaking people-pleasing for intimacy.

Rule 2: Stop auditioning for your partner’s affection.

Rule 3: If you’re doing all the work, it’s not a relationship—it’s a customer service job.

When It’s Real

Not all love sucks. The good ones don’t require you to shrink, flatter, or perform. In healthy love:

- You can say no without fear.
- You’re not an unpaid therapist.
- You don’t have to beg for reciprocity.

The real intimacy begins when you stop sucking up and start showing up.

Final Thought: Love Without Kneeling

If love means swallowing your needs, it’s not love—it’s marketing. Find the people who love you standing, weird, messy, and honest.

Anything else is just a long-form audition for crumbs.

5 The Church of Submission: Faith-Based Dick Sucking

“Blessed are the meek, for they shall inherit someone else’s opinion as truth.”

— Passive-Aggressive Jesus

Religion: humanity’s original social network, complete with rules, rituals, and the world’s first influencer tier list. At its best, it uplifts. At its worst, it’s a multilevel marketing scheme run by guys in robes who haven’t had an original thought since 200 B.C.

Let’s talk about sucking up to God, gurus, and “energy coaches” on Instagram Live.

Holy Submission and Spiritual Kneepads

You’ve heard of faith, but have you heard of fear-based obedience disguised as enlightenment?

Welcome to The Church of Perpetual Dick Sucking, where:

- You tithe 10% of your income to a man who lives in a mansion.
- You confess sins that were implanted in you by doctrine.
- You sing songs about your own unworthiness—and call it humility.

This is not faith. This is institutionalized negging.

The Cult of Guru Worship

Whether it’s a bearded monk, a smooth-talking life coach, or a white woman named “Aluna” selling \$888 crystal grids, the formula remains:

Obey. Sacrifice. Validate. Repeat.

Spirituality becomes performance. Devotion becomes dependency. And the deeper your submission, the closer you're told you are to "awakening."

Translation: suck harder, question less.

Red Flags in Sacred Spaces

Some signs you're spiritually deep-throating instead of growing:

- Your leader discourages questions—but encourages donations.
- You're told to "just trust the process," even though the process involves alienation, shame, or unpaid labor.
- Dissenters are labeled "toxic" or "unenlightened."
- There's a lot of hugging... and very little accountability.

The False Humility Hustle

Modern spirituality loves to cloak submission in velvet. Phrases like:

- "I am nothing but a vessel."
- "I surrender to the divine will."
- "I'm just here to serve."

Translation: "Please validate me so I can stop feeling like a piece of shit."

Radical idea: The divine doesn't need your shame to love you.

How to Have Faith Without Swallowing Bullshit

- You can revere the sacred without kneeling to frauds.
- You can believe in something greater without erasing yourself.
- You can meditate without donating to a crypto-temple.
- You can connect to God without using someone else's WiFi.

Final Thought: Your Soul Doesn't Need a Middleman

Spirituality that requires your obedience but not your empowerment is just another form of control.

If your “awakening” makes you smaller, poorer, or more afraid—you didn’t find God. You found a clout goblin in a cassock.

6 Capitalism: The Final Boss of Blowjobs

“The customer is always right—especially when they’re stepping on your neck.”

— Retail Training Manual, Circa Forever

Welcome to the Matrix, where everything is monetized and everyone is replaceable. Here, dick-sucking isn’t optional—it’s your job description.

From the boardroom to the break room, from freelance gigs to startup pitch decks, capitalism rewards the best performers in the pageant of relentless appeasement.

The Workplace as a Performance Stage

You thought you were hired for your skills? Cute.

You were hired for:

- Your ability to smile while absorbing mistreatment.
- Your willingness to “go above and beyond” for no extra pay.
- Your silence during meetings where Todd takes credit for your ideas.

The unspoken motto of corporate culture? **“Just suck it up.”**

Freelance is French for Financially Feral

The gig economy promised freedom. What it delivered was:

- Invoicing clients who ghost you.
- Pretending to love brands you hate just to get paid.
- Working 80 hours a week to avoid working 40 under a boss.

Capitalism said, “Be your own boss,” but forgot to mention that now you’re also your own HR, accounting, marketing, and tech support. And guess what? You still suck metaphorical dick—only now, it’s for “exposure.”

The Grind is a Scam

We are all contestants in the Hunger Games of hustle. The prize? Burnout, anxiety, and a plaque that says “Employee of the Month” next to a vending machine that eats your dollars.

Grind culture worships:

- Toxic productivity.
- Sleep deprivation as virtue.
- Busyness as identity.

You’re not “building your legacy.” You’re selling your life in hourly increments for the promise of eventual peace.

Advertising: Weaponized Insecurity

Billboards, commercials, and Instagram feeds are just corporations whispering:

“You’re not enough. Buy this to become enough.”

Capitalism thrives on inadequacy. Every product solves a problem it quietly invented. Every service promises freedom while selling dependency.

Dick-Sucking as Job Title

Some roles are just spiritual servitude in a cubicle:

- **Customer Service Rep:** Apologizes all day for things they didn’t do.
- **Marketing Coordinator:** Sells lies with a smile.
- **Executive Assistant:** Emotionally parents a man who can’t open PDFs.
- **Social Media Manager:** Gets death threats for saying “Happy Pride.”

Rebellion Is Saying ‘No’

Want to be radical in a system built on submission?

- Stop apologizing for taking breaks.
- Say no to unpaid labor.
- Laugh at hustle porn.
- Protect your energy like it's your last snack on Earth.

You're not lazy. You're under a system that profits when you forget your worth.

Final Thought: You Are Not Your Output

Capitalism wants you exhausted, obedient, and hungry for approval. It rewards the best-behaved slaves with gold stars and slightly better cages.

Your humanity is not a line item. Your worth isn't negotiable. And maybe the bravest thing you can do is **refuse to suck up anymore**.

7 Family Ties and Guilt Trips: When Love Feels Like a Full-Time Job

"I brought you into this world—now here's a list of things you owe me forever."
— Your Mom, right after saying "I don't want anything"

Families: the original subscription plan. You didn't sign up, there's no cancel button, and the user agreement is written in passive-aggressive tone and generational trauma.

If capitalism makes you hustle and religion makes you kneel, families make you question your entire sense of self while still showing up to Sunday brunch.

Guilt: The Family Currency

Forget Bitcoin. The most stable form of emotional currency is guilt:

- "You never call anymore."
- "After everything I did for you."
- "Your cousin just bought a house."
- "Don't you love your mother?"

Guilt is the passive-aggressive interest you pay on your childhood.

Sucking Up for Survival

You learn to perform early:

- Being the "good kid" to avoid conflict.
- Hiding your real self to protect peace.

- Earning love through achievements, obedience, or silence.

This is not family. This is an unpaid acting gig with trauma flashbacks.

The Golden Child vs. The Scapegoat

Family roles are rarely fair:

- **Golden Child:** Can do no wrong. May or may not be a sociopath.
- **Scapegoat:** Absorbs all blame. Holds all truth.
- **Lost Child:** Is missing but shows up in group texts.
- **Mascot:** Uses humor to survive. Often becomes a stand-up comic or clinically exhausted adult.

These are not archetypes. These are trauma management strategies in kid form.

Boundary Is Not a Bad Word

You are allowed to:

- Say “no” to family dinners.
- Leave the group chat.
- Block Uncle Randy for sending conspiracy memes.
- Tell your parents you don’t want kids without writing a thesis on why.

Setting boundaries doesn’t make you selfish. It makes you functional.

Your Parents Were People—Still Are

Newsflash: your parents had unhealed wounds, dreams they abandoned, and possibly no business raising a houseplant, let alone a child.

This isn’t about blame. It’s about breaking cycles.

You’re allowed to love them and also call out the dysfunction.

Holiday Survival Guide

- **Before Dinner:** Meditate or scream into a pillow.
- **During Dinner:** Smile vaguely. Deflect with jokes.
- **After Dinner:** Text your therapist.
- **Entire Visit:** Lower expectations to sea level.

Final Thought: Blood Is Not a Blank Check

Love is not loyalty to pain.

You owe your family love, perhaps. But not your identity, your energy, or your silence. Especially if you've spent decades sucking up just to be accepted.

You're allowed to write your own story—even if they only ever learned to read guilt.

8 Online Dick-Sucking: How to Worship Algorithms and Influencers Without Losing Your Soul

"If a post falls in the feed and nobody likes it, did it even exist?"

— Anonymous Social Media Philosopher

Welcome to the digital coliseum, where everyone is a gladiator fighting for likes, follows, and the sweet, sweet dopamine drip of validation. Here, dick-sucking isn't just a social skill—it's survival.

The Algorithm Is Your New God

Forget divine intervention—if you want miracles, bow down to the algorithm:

- Post what it wants.
- Post when it wants.
- Post how it wants.

Don't ask questions. Just dance like a data-driven puppet on the strings of engagement.

Influencers: The Court of the Modern King

Once upon a time, kings demanded homage and treasure. Now influencers demand:

- Your attention.
- Your clicks.

- Your brand loyalty.
- Occasional unsubtle product placement.

They're less rulers and more high-maintenance digital divas demanding constant praise.

Performative Validation and the Quest for Clout

To succeed online you must:

- Showcase an enviable lifestyle (or at least fake one convincingly).
- Engage in relentless positivity theater.
- Suppress dissent or negative comments with ironic humor.
- Convert your followers into unpaid marketing machines.

Welcome to the age of curated perfection and emotional labor disguised as content creation.

Cancel Culture: The Digital Inquisition

Make one misstep and you're:

- Publicly shamed.
- Unfollowed en masse.
- Turned into a cautionary meme.

In this ecosystem, sucking up to the crowd is also a defense mechanism. Better to conform than to fall.

Mental Health in the Age of Likes

Studies show social media can:

- Increase anxiety and depression.
- Distort self-image.
- Create addiction cycles.

But no worries — just keep posting motivational quotes between existential crises. That's the hustle.

Escape Is Real but Rare

You can:

- Take intentional digital detoxes.
- Curate your feed for sanity.
- Prioritize real-life connection over virtual applause.

But breaking free means risking irrelevance. The ultimate price of rebellion is being forgotten by the algorithm.

Final Thought: You Are More Than Your Metrics

Your value cannot be measured in likes, shares, or follower counts.

You deserve to exist beyond the scroll.

You deserve to live without constant performance.

You deserve to stop sucking digital dick.

9 Politics: The Art of Mutual Ass-Kissing

"In politics, everyone sucks someone's dick—and sometimes it's a bipartisan circle."

— Unknown, but probably a politician

Politics is the grand stage where ego, power, and survival blend into a seamless show of mutual dick-sucking. It's less about ideology and more about who can keep their lips the most polished.

The Backroom Ballet

Behind every bill, every handshake, every smile lies a secret choreography:

- Flattery disguised as policy negotiation.
- Promises made in whispers, broken in daylight.
- Alliances formed over expensive dinners and cheap drinks.

If politics was a dance, it would be the tango of backdoor ass-kissing.

Campaign Season: The Ultimate Hustle

Candidates spend millions to prove they're worthy of your dick-sucking:

- Kissing babies, shaking hands, and nodding at every hot take.
- Collecting donations by flattering donors.
- Mastering the art of saying nothing in a thousand ways.

It's a contest to see who can suck the most up without choking.

Partisanship: The Tug-of-War of Egos

Parties don't fight over ideas. They fight over who gets to suck the biggest dick:

- Defending their tribe at all costs.
- Turning compromise into betrayal.
- Celebrating loyalty over logic.

It's less democracy and more ass-kissing competition.

Lobbyists: The Professional Suckers

Lobbyists are the ultimate dick-suckers—they get paid handsomely to:

- Flatter politicians.
- Craft talking points.
- Whisper sweet deals into ears.

Their motto? “If you can't beat 'em, pay 'em.”

Public Opinion: The Whimsical Audience

Politicians crave approval like performers. Poll numbers are their applause meter:

- Shift positions based on what's popular.
- Make promises they plan to break.
- Use social media to groom their image.

They suck up to voters like it's a full-time job—which it is.

The Irony of Democracy

In theory, democracy is power to the people. In practice, it's a complex system of mutual dick-sucking designed to keep the show running.

The audience votes, the performers preen, and the cycle continues.

Final Thought: Vote with Your Eyes Open

Politics is a messy business of favors and flattery.

Don't be fooled by the gloss.

Demand transparency.

Demand accountability.

And remember: sometimes the best rebellion is refusing to be anyone's puppet—or their dick-sucker.

10 Love and Relationships: The Ultimate Suck Fest

“Love means never having to say you’re not sucking up enough.”

— Probably a romantic nihilist

Ah, love—the arena where emotional dick-sucking reaches its highest form. Whether it’s dating apps, long-term commitments, or navigating “what do you want for dinner?” arguments, love is a masterclass in negotiation, compromise, and strategic ass-kissing.

Dating: The Audition

Every first date is a performance:

- Highlighting your best traits, hiding your quirks.
- Laughing at jokes that aren’t funny.
- Pretending to love kale or podcasts you secretly hate.

It’s like selling yourself on eBay, except the bids are emotional investments.

The Relationship Contract

Once “exclusive” is signed, the dick-sucking escalates:

- Remembering anniversaries without reminders.
- Listening to stories about co-workers you don’t care about.
- Sharing bathroom space and pretending it’s romantic.

Love is less “for better or worse” and more “for as long as you keep sucking up.”

Emotional Labor: The Invisible To-Do List

Someone's gotta manage feelings, plan dates, and keep the peace.

- Sending the good morning texts.
- Decoding vague moods.
- Planning holidays that please both parties.

Emotional labor is the unpaid overtime of love.

Arguments: The Competitive Suck-Off

Arguments aren't just fights—they're contests to see who can:

- Apologize first without losing face.
- Out-suck the other person's ego.
- Make the peace offering without a full confession.

Winning means both parties still want to cuddle.

Breakups: The Ultimate Dick-Sucking Shutdown

Ending things requires tactful withdrawal:

- Softening the blow with kindness.
- Avoiding blame while still being clear.
- Managing social media fallout.

Sometimes you have to stop sucking up... but gently.

Final Thought: Love Is a Two-Way Street

Healthy relationships aren't about endless sucking up—they're about mutual respect, honesty, and being unapologetically yourself.

You deserve love that doesn't demand your silence or self-erasure.

So suck up only when it feels good — and never at the expense of your soul.

11 Work: The Professional Dick-Sucking Olympics

“Climbing the corporate ladder is really just a vertical dick-sucking competition.”

— HR’s unofficial motto

Welcome to the cubicle coliseum, where talent is only half the battle and the other half is mastering the relentless art of workplace dick-sucking. It’s not what you know, it’s who you flatter—and how convincingly.

Office Politics: The Game of Thrones (Without Dragons)

Forget meritocracy. The real currency is:

- Praise for the boss, even when they’re wrong.
- Attending pointless meetings with the right smile.
- Agreeing loudly and visibly with company “vision.”

If politics were a sport, the office would be the world championships.

Performance Reviews: The Ultimate Ass-Kiss Test

Your annual review boils down to:

- How well you’ve polished the boss’s ego.
- Your ability to claim credit while deflecting blame.
- Your talent for sounding ambitious without threatening anyone.

It's less about performance and more about impression management.

Email Etiquette: Flattery in 280 Characters

Crafting the perfect email is an art:

- Start with a compliment (even if it's vague).
- Use buzzwords liberally ("synergy," "alignment," "moving forward").
- Close with gratitude and a subtle reminder of your availability.

Every email is a tiny blowjob disguised as communication.

Looking Busy Without Losing Your Mind

Master these survival skills:

- Open multiple tabs with spreadsheets no one checks.
- Use keyboard shortcuts to look productive.
- Schedule meetings that mostly serve to justify your existence.

Sometimes the best suck is pretending to suck less.

Networking: The Social Dick-Sucking Gala

Industry events are less about connections and more about:

- Remembering names you never intend to call.
- Complimenting outfits you'd never wear.
- Laughing at jokes you don't get.

The goal? Leave with new LinkedIn contacts and zero dignity.

Final Thought: Your Worth Is More Than Office Politics

You don't have to be the best ass-kisser to succeed—but understanding the game helps you play it on your terms.

Remember: real respect comes from authenticity, not just polished boots.

12 Family: The Blood-Relative Dick-Sucking Drama

"Family gatherings: where you learn that even DNA demands ass-kissing."

— Someone who skipped Thanksgiving

Family is the original arena of dick-sucking—long before social media or office politics. It's where love, obligation, and passive-aggression mingle in a toxic cocktail served up at every reunion.

Holiday Survival Guide

- Smile and nod through unsolicited advice about your life choices.
- Pretend Uncle Bob's conspiracy theories are "interesting."
- Compliment Aunt Karen's mystery casserole even if it tastes like regret.
- Navigate the minefield of political debates disguised as "catching up."

If family were a sport, holidays would be the dick-sucking decathlon.

The Birth Order Hierarchy

Older siblings demand respect as the original bosses, while younger siblings perfect the art of passive-aggressive sucking up:

- Elders remind you of your failures with love.
- Youngers strategically deploy charm to win favors.
- Middle children learn to disappear and survive.

Blood ties don't erase the power plays.

The Never-Ending Expectation Loop

Families expect you to:

- Attend every birthday, wedding, and funeral.
- Remember everyone's favorite food and drink.
- Listen without judgment, but never share too much.

Because family is about unconditional dick-sucking, whether you want it or not.

The Emotional Blackmail

"After all I've done for you" is the family's go-to guilt trip.

- It's a reminder that love often comes with strings.
- It's a subtle demand for loyalty and submission.
- It's a challenge to maintain your sanity while staying "nice."

Family love: unconditional, complicated, and always with a price tag.

Final Thought: Redefining Family on Your Terms

You can choose how much dick-sucking you tolerate.

Setting boundaries is a radical act of self-care.

Family can be love without the exhausting emotional labor—if you dare to rewrite the script.

13 Friendship: The Mutual Suck Zone

"A true friend is someone who sucks up to you... and you return the favor without choking."

— A philosopher with no filter

Friendship is where the dick-sucking gets a little more genuine—mostly because it's a two-way street. You support, you compliment, you forgive... and sometimes you call bullshit when needed.

The Give-and-Take Dance

Good friends know when to:

- Listen without interrupting.
- Compliment sincerely (not just for brownie points).
- Call you out when you're being a jerk.
- Help you move furniture without expecting eternal gratitude.

It's not just sucking up—it's balanced mutual care.

Friendship Drama: The Ass-Kissing Test

Sometimes friends test boundaries by:

- Flaking on plans but expecting full forgiveness.
- Asking for favors without returning any.
- Being honest to a fault, risking hurt feelings.

Surviving drama means knowing when to suck up and when to stand firm.

Online vs. Offline Sucking

Social media friendship is often a highlight reel of sucking up:

- Likes, comments, and shares as digital dick-sucking.
- Emoji-heavy texts that say “I care” without real effort.
- Private chats that test real intimacy.

True friendship blends both worlds authentically.

The Power of Vulnerability

The ultimate dick-sucking breakthrough is vulnerability:

- Sharing fears without fear of judgment.
- Asking for help without shame.
- Being flawed and still loved.

Real friends suck up to your humanity, not your perfection.

Final Thought: Friendship Without the Bullshit

Friendship should be a space where sucking up feels optional—not mandatory.

Build your tribe with people who respect your truth, laugh at your jokes, and don’t expect you to perform nonstop.

Because the best suck is the one that’s real.

14 Social Media: The Infinite Suck Machine

"On social media, everyone's sucking up—just hoping the algorithm notices."

— An influencer's lament

Welcome to the digital coliseum where dick-sucking is performed for an endless audience, and every like, share, and comment is a virtual blowjob on the journey to relevance.

The Algorithm: Your New Boss

The invisible overlord of online dick-sucking demands:

- Consistent posting to keep eyeballs glued.
- Engagement bait disguised as "authentic connection."
- Strategic hashtagging to capture fleeting attention.

It's less about content and more about feeding the machine.

Influencers: Professional Ass-Kissers

Influencers take dick-sucking to the next level:

- Polished personas crafted to appeal widely.
- Sponsored content that blends product with praise.
- Constant engagement juggling between fans and brands.

Their hustle is real, but so is the emotional exhaustion.

Cancel Culture: The Suck or Suck Harder Game

Online backlash is a reminder:

- One wrong move can turn applause into roasting.
- Damage control requires full-on sucking up or strategic silence.
- Reputation is fragile and fiercely policed.

Survival depends on how well you navigate the suck or get sucked cycle.

Authenticity vs. Performance

Users crave “realness” but reward polished performance:

- Vulnerability sells—but only within controlled limits.
- Oversharing can backfire into social media burnout.
- Curated authenticity is the paradoxical norm.

Finding balance is an ongoing challenge.

Final Thought: Becoming Your Own Algorithm

Rather than blindly sucking up to trends, build a digital presence true to your values.

Use social media to connect, not just perform.

Because the best suck is the one that builds genuine community—not just followers.

15 Self: The Most Reluctant Dick-Sucker of All

“The hardest person to please is yourself—every day a negotiation with the inner dick-sucker.”

— Anonymous overthinker

Before you master sucking up to others, you must endure the relentless inner critic who never stops demanding more. The toughest dick-sucking is self-approval—often elusive and exhausting.

The Inner Critic: Your Most Honest Assailant

That voice in your head:

- Points out every flaw with surgical precision.
- Questions every decision like a relentless prosecutor.
- Rarely gives compliments, except sarcastically.

It’s the ultimate boss who never takes a day off.

Impostor Syndrome: The Self-Sabotage Suck

Feeling like a fraud despite success?

- You doubt your skills and achievements.
- You fear being “found out” at any moment.
- You minimize your wins and amplify mistakes.

Impostor syndrome is the self-sucking trap disguised as humility.

Self-Compassion: The Radical Reversal

Learning to treat yourself with kindness is revolutionary:

- Accept flaws without self-flagellation.
- Celebrate progress over perfection.
- Replace harsh judgment with encouraging pep talks.

Self-compassion is the healthiest form of dick-sucking.

Ambition vs. Self-Care: The Balancing Act

Pursuing goals demands:

- Confidence to suck up to your potential.
- Wisdom to recognize when to rest and recharge.
- Boundaries that protect mental and emotional health.

Ambition without self-care is a toxic suckfest.

Final Thought: Be Your Own Best Sucker

The goal isn't perfection—it's a sustainable, authentic relationship with yourself.

Celebrate your wins, learn from your failures, and give yourself permission to be human.

Because the best suck is the one that lifts you up, not tears you down.

Conclusion: Everyone Sucks, So Let's Do It Better Together

"If life's a suck, let's make it a classy one."

— Someone who's had enough

By now it should be clear: dick-sucking isn't going anywhere. It's baked into social dynamics, from family dinners to boardrooms to social media feeds. But here's the twist—if we're all doing it, we might as well do it better.

Embrace the Suck

Trying to avoid sucking up is like trying not to breathe. Instead, lean into the awkwardness with humor and honesty.

Choose Your Suck Targets Wisely

Not all dick-sucking is created equal. Invest your energy in relationships and causes that respect your authenticity and dignity.

Set Boundaries Without Apologies

You can suck up and still say "no." Boundaries don't make you a bad person—they make you human.

Be the Best Sucker You Can Be

Whether it's with yourself, friends, family, or colleagues, aim for sincerity over fakery, support over manipulation, and kindness over obligation.

Build a Community That Sucks Less

Imagine a world where dick-sucking is less about power and more about mutual upliftment, where respect and empathy replace groveling and pretense.

Final Words

So yes, everybody sucks dick—metaphorically speaking. But with a little self-awareness, a lot of humor, and some radical kindness, we can turn the suck into something a hell of a lot better.

Thank you for reading. Now go out there and suck better.

About the Author

Marie Seshat Landry is a visionary CEO, citizen scientist, and peace advocate who knows a thing or two about navigating complex social dynamics—both in business and in life. With a razor-sharp sense of humor and a no-nonsense approach to the truths we all dodge, Marie blends cutting-edge science with everyday survival skills. When not inventing the future of sustainable technology, she's busy decoding the art of authentic human connection—no matter how messy it gets.

This book is dedicated to everyone who's ever felt stuck in the suck and found a way to laugh their way through it.

A Dick-Sucking Survival Kit

Essential Tips for Better Sucking

- **Know your limits:** Saying “no” is a power move, not a weakness.
- **Keep it real:** Authenticity beats fake praise every time.
- **Listen more:** Sometimes the best suck is just paying attention.
- **Use humor:** Defuse tension with a well-timed joke.
- **Practice empathy:** Understand why someone’s asking for a favor.
- **Don’t expect perfection:** Everyone sucks sometimes—embrace it.

Quick Quiz: What Kind of Sucker Are You?

Answer honestly!

1. When someone asks for a favor, you:
 - A. Drop everything to help immediately.
 - B. Consider your schedule but usually say yes.
 - C. Politely decline unless it benefits you.
 - D. Ghost them and hope they forget.
2. Your reaction to criticism is:
 - A. Defensive, but you try to improve.
 - B. Reflective and grateful for feedback.

- C. Dismissive and sarcastic.
 - D. Secretly plotting revenge.
3. When giving compliments, you:
- A. Overdo it to win favor.
 - B. Give honest praise sparingly.
 - C. Use compliments as currency.
 - D. Rarely compliment anyone.
4. How do you handle social media interactions?
- A. Like and comment on everything to stay visible.
 - B. Engage selectively with close friends.
 - C. Use social media mostly for self-promotion.
 - D. Avoid it altogether—too much suck.

Results: Mostly A's: The Overachieving Sucker

Mostly B's: The Balanced Sucker

Mostly C's: The Strategic Sucker

Mostly D's: The Reluctant Sucker

B Quiz Results Explained

The Overachieving Sucker (Mostly A's)

You're the gold medalist of the suck game — always ready to go above and beyond. Your energy is impressive, but beware burnout! Remember, even superheroes need a break from constant ass-kissing. Balance and boundaries will save your soul (and your sanity).

The Balanced Sucker (Mostly B's)

Congrats! You've mastered the fine art of strategic kindness and authentic connection. You know when to say yes and when to protect your time. Your genuine approach earns respect and goodwill without selling out. Keep leading by example.

The Strategic Sucker (Mostly C's)

You treat dick-sucking like a chess match — calculated, deliberate, and often for maximum advantage. While efficiency is your strength, be careful not to lose genuine relationships in the process. Sometimes it's okay to suck up just to suck up, no strings attached.

The Reluctant Sucker (Mostly D's)

You're the anti-sucker, avoiding the game whenever possible. While your independence is admirable, life's social contract occasionally demands some ass-kissing to get ahead or build alliances. Try to loosen up — a little suck now and then won't kill you.